

2022 / 2023 Dates	DANCE			
Week No.	Week Commencing	Topic Title	Overview of Lesson Content	Assessments
1	05/09/2022	Foundation - Warm up	Intro to course content - overview = Year 9 foundation, Y10 & Y11 - 3 components. Intro new dance, learn and create your own section	
2	12/09/2022	Foundation - Warm up	Warm up and its importance - (10 mins warm up piece) isolation, flexibility (stand up stretches, floor stretches), core exercises (plank, geckos, variation of sit ups, supermans, etc). Cardio (jumps) How many reps and sets of each? Peer Assessment, take best parts out of each one to create one warm up routine (isolation, stretches, Core exercises and cardio). Write up an evaluation of how successful their warm up is or has been. Where is it impacting? Would you change anything?	
3	19/09/2022	Foundation - Skills and Techniques	Warm up and its importance - Perform warm up routine. Introduce skills and techniques. Positioning arms and legs (1st, 2nd, 3rd, 4th, 5th), Direction, Formation, Canon, Motif, Plies, Floor work, Jumps, Turns (mirror me)	
4	26/09/2022	Foundation - Skills and Techniques	make their own dance to include all	Practical assessment of skills and techniques
5	03/10/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Some like it Hop Hop - Zonation) - students learn a section of the dance https://www.youtube.com/watch?v=btVqm8KRucl&t=879s	
6	10/10/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Some like it Hop Hop - Zonation) - students learn a section of the dance https://www.youtube.com/watch?v=btVqm8KRucl&t=879s	
7	17/10/2022	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Marked evaluation & peer assessment
October Half-Term		24/10/2022		
8	31/10/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Janet Jackson - Rhythm Nation) - students learn a section of the dance https://www.youtube.com/watch?v=OAwNWGLM0c	self assessment
9	07/11/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Janet Jackson - Rhythm Nation) - students learn a section of the dance https://www.youtube.com/watch?v=OAwNWGLM0c	
10	14/11/2022	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Marked evaluation & peer assessment
11	21/11/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (BalletBoyz Deluxe) - students learn a section of the dance https://www.youtube.com/watch?v=n13H4tWaUPE	self assessment
12	28/11/2022	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (BalletBoyz Deluxe) - students learn a section of the dance https://www.youtube.com/watch?v=n13H4tWaUPE	Practical assessment of Janet Jackson - Rhythm Nation and BalletBoyz Deluxe Peer assessment - BalletBoyz
13	05/12/2022	Foundation - Reproducing professional repertoire	Students to choose one dance we have learnt this term and re learn it to perform in the christmas show	self assessment
14	12/12/2022	Foundation - Reproducing professional repertoire	Rehearsal to perform in the christmas show	
Christmas Holiday		19/12/2022		
Christmas Holiday		26/12/2022		
15	02/01/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (andrew winghart - emergence pt 3) - students learn a section of the dance (1.04 - 1.25) https://www.youtube.com/watch?v=gV7l8Cvxw78	
16	09/01/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (andrew winghart - emergence pt 3) - students learn a section of the dance (1.04 - 1.25) https://www.youtube.com/watch?v=gV7l8Cvxw78	
17	16/01/2023	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Marked evaluation & peer assessment
18	23/01/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Florence + The Machine - Big God) - students learn a section of the dance https://www.youtube.com/watch?v=klrRooQwuk	self assessment
19	30/01/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Florence + The Machine - Big God) - students learn a section of the dance https://www.youtube.com/watch?v=klrRooQwuk	
20	06/02/2023	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Practical assessment of andrew winghart - emergence pt 3 and Florence + The Machine - Big God Peer assessment - Florence + The Machine - Big God
February Half-Term		13/02/2023		
21	20/02/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (ONE REPUBLIC - Counting Stars Kyle Hanagami Choreography) - students learn a section of the dance https://www.youtube.com/watch?v=2NgVUsWJnJs	self assessment
22	27/02/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (ONE REPUBLIC - Counting Stars Kyle Hanagami Choreography) - students learn a section of the dance https://www.youtube.com/watch?v=2NgVUsWJnJs	
23	06/03/2023	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Marked evaluation & peer assessment
24	13/03/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Chicago The Musical - "All That Jazz") - students learn a section of the dance https://www.youtube.com/watch?v=va8VDBGcKS4	self assessment
25	20/03/2023	Foundation - Reproducing professional repertoire	Look at different choreography and dance content - students to pick out where skills and techniques are used (Chicago The Musical - "All That Jazz") - students learn a section of the dance https://www.youtube.com/watch?v=va8VDBGcKS4	
26	27/03/2023	Foundation - Reproducing professional repertoire	Students to add their own section to the dance, using the skills they have learnt. Perform sections learnt - self and peer assessment, evaluation of skills and techniques used	Practical assessment of ONE REPUBLIC - Counting Stars Kyle Hanagami Choreography and Chicago The Musical - "All That Jazz Peer assessment - Chicago The Musical - "All That Jazz"
Easter Holiday		03/04/2023		
Easter Holiday		10/04/2023		
27	17/04/2023	Component 1 - Examine professional practitioners' performance work	Pick a piece of dance - Creative stylistic qualities: Themes/Issues, production elements, stimulus, form structure, narrative, response, style/genre and context Purpose: educate, inform, entertain, provoke, challenge viewpoints, raise awareness and celebrate	self assessment
28	24/04/2023	Component 1 - Examine professional practitioners' performance work	learn a section of the dance piece	
29	01/05/2023	Component 1 - Examine professional practitioners' performance work	learn a section of the dance piece	
30	08/05/2023	Component 1 - Examine professional practitioners' performance work	Perform sections learnt - evaluation of skills and techniques used - coursework booklet	Marked piece
31	15/05/2023	Component 1 - Examine professional practitioners' performance work	Research and facts about my practitioner	self assessment
32	22/05/2023	Component 1 - Examine professional practitioners' performance work	learn another section of the dance piece	
May Half-Term		29/05/2023		
33	05/06/2023	Component 1 - Examine professional practitioners' performance work	learn another section of the dance piece	
34	12/06/2023	Component 1 - Examine professional practitioners' performance work	Perform sections learnt - evaluation of skills and techniques used - coursework booklet	Marked piece
35	19/06/2023	Component 1 - Examine professional practitioners' performance work		self assessment
36	26/06/2023	Component 1 - Examine professional practitioners' performance work		
37	03/07/2023	Component 1 - Examine professional practitioners' performance work		
38	10/07/2023	Component 1 - Examine professional practitioners' performance work		
39	17/07/2023	Component 1 - Examine professional practitioners' performance work	Perform sections together - Evaluation (learning a short extract - coursework booklet)	Practical Assessment