

MENU

Week 1

Weeks commencing 03/11, 24/11, 15/12,
19/01, 09/02, 09/03

MONDAY

Meatball marinara (1)(H)
Vegan meatball marinara
Pasta (1)
Green beans
Salad
Garlic bread (1)
Choc crackle (1,5,14)

TUESDAY

Lasagne (1,5)(H)
Veggie lasagne (1,5)
Peas
Salad
Garlic bread (1)
Banana flapjack (1,14)

WEDNESDAY

Butter chicken curry (5)(H)
Veggie chilli con carne (6)
Rice
Nacho chips
Mixed vegetables
Salad
Naan bread (1)
Chocolate cherry
shortbread (1,3,5)

THURSDAY

Meat and potato pie (1,3)(H)
Sarmale (Romanian cabbage
rolls) (1,6)
Rice
Roast potatoes
Broccoli, Carrots
Naan bread (1)
Jam donut (1)

FRIDAY

Southern fried chicken (1,3,5,8,10)
Chicken nuggets (1,3,5,*6)
Fishless fingers
Chips
Coleslaw (3,10)
Beans, Curry (1,10)
Salad
Cookies (1,5,6)
Ice Cream (5)



Healthier
Options



Jacket potatoes with various fillings
(V/GF/DF/H) available every day.

V = Vegetarian, DF = Dairy-free, GF =
Gluten-free, H = Halal, * = May contain

For allergens, see numbers in brackets
next to each dish, and refer to allergens:

- | | | |
|----------|--------------|-------------|
| 1 GLUTEN | 6 SOY | 11 MOLLUSCS |
| 2 NUTS | 7 FISH | 12 LUPINS |
| 3 EGG | 8 CELERY | 13 PEANUTS |
| 4 SESAME | 9 CRUSTACEAN | 14 SULPHITE |
| 5 MILK | 10 MUSTARD | |

MENU

Week 2

Weeks commencing 10/11, 01/12, 05/01,
26/02, 23/02, 16/03

MONDAY

BBQ chicken melt (5)(H)

Spicy bean burger (1)(H)

Spicy wedges

Beans

Salad

Choc crackle (1,5,14)

TUESDAY

Beef burrito (1,5)(H)

Veggie chilli nacho bake (5,6)

Rice

Sour cream (1), Salsa

Peas & Corn Mix

Salad

Banana flapjack (1,14)

WEDNESDAY

Beef jalfrezi (H)

Quorn korma (3)(H)

Rice

Mixed vegetables

Salad

Garlic naan bread (1)

Chocolate cherry
shortbread (1,3,5)

THURSDAY

Roast chicken & stuffing (1,5)(H)

Cheese & onion slide (1,5,6,10)(H)

Roast potatoes

Farmhouse veg mix

Salad

Jam donut (1)

FRIDAY

Southern fried chicken (1,3,5,8,10)

Chicken nuggets (1,3,5,*6)

Veggie sausage (1)(H)

Chips

Coleslaw (3,10)

Beans, Curry (1,10)

Salad

Cookies (1,5,6)

Ice Cream (5)



Soil Association

Healthier
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|----------|--------------|-------------|
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| 2 NUTS | 7 FISH | 12 LUPINS |
| 3 EGG | 8 CELERY | 13 PEANUTS |
| 4 SESAME | 9 CRUSTACEAN | 14 SULPHITE |
| 5 MILK | 10 MUSTARD | |

M E N U

Week 3

Weeks commencing 17/11, 12/01,
02/02, 02/03, 23/03

MONDAY

Chicken and mascarpone
pasta bake (1,5)(H)

Cheesy leek & potato pie (1,5)

Green beans

Salad

Garlic bread (1)

Choc crackle (1,5,14)

TUESDAY

Cheeseburger pinwheel (1,3,5,10)(H)

Tomato and basil pasta (1,5)

Spicy wedges

Pea and corn medley

Salad

Garlic bread (1)

Banana flapjack (1,14)

WEDNESDAY

Chicken tikka (5)(H)

Cheese and tomato quiche (1,3,5)

Rice

Crispy cube potatoes

Mixed vegetables

Salad

Naan bread (1)

Chocolate cherry
shortbread (1,3,5)

THURSDAY

Roast beef (H)

Quorn sausages (1)

Yorkshire pudding (1,3)

Roast potatoes

Peas, Carrots

Jam donut (1)

FRIDAY

Southern fried chicken (1,3,5,8,10)

Quorn dippers (1)

Chips

Coleslaw (3,10)

Beans, Curry (1,10)

Salad

Cookies (1,5,6)

Ice Cream (5)



Healthier
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|  1 GLUTEN |  6 SOY |  11 MOLLUSCS |
|  2 NUTS |  7 FISH |  12 LUPINS |
|  3 EGG |  8 CELERY |  13 PEANUTS |
|  4 SESAME |  9 CRUSTACEAN |  14 SULPHITE |
|  5 MILK |  10 MUSTARD | |