

Performing Arts (Dance) Curriculum Plan

KS3 perform dances using advanced dance techniques within a range of dance styles and forms (from PE National Curriculum)

KS4 Develop their technique and improve their performance in dance (from PE National Curriculum)

Year	Half Term 1 (Rotation 1)	Half Term 2 (Rotation 1)	Half Term 3 (Rotation 2)	Half Term 4 (Rotation 2)	Half Term 5 (Rotation 3)	Half Term 6 (Rotation 3)
7	<p><u>Safe Dance Practice</u> Introduction. Health and Safety in the class room. Learn importance of a ' Warm up', warm up routine</p> <p><u>Unit 1 Line Dancing</u> Learn set choreography. Skills: Movement Memory, counting, group work, communication, rehearsal techniques.</p>		<p><u>Unit 2 Bollywood</u> Learn set choreography, skill; formation, direction and unison, performance</p> <p><u>Creative Process</u> Student original choreography in Bollywood Style, rehearsals, performance of original pieces.</p>		<p><u>Unit 3 Contemporary</u> Introduction to dance genre, skills; lifts, floor work, contract release, contact, canon, levels, formation. Use of space, formation, unison (Seagulls). Set Choreography (Mermaid)</p>	
8	<p><u>Safe Dance Practice</u> Recap importance of a ' Warm up', complete a warm up</p> <p><u>Unit 1: Motif (Street Dance)</u> Introduction to motif, learn street set routine using a motif, implementation of motif into original choreography by students.</p>		<p><u>Unit 2: Storytelling</u> Students given different forms of stimuli, based on a theme, as a starting point for creating original choreography telling a story. 'West Side Story' as example.</p> <p>Focus on a particular dance style to use, creative process. Build on y7 skills of lifts, floor work, contract release, contact, canon, formation, direction, levels, and unison.</p>		<p><u>Unit 3: Working from Professional Repertoire (Fosse)</u> Study the work of Bob Fosse, focus on style, examples as stimulus Routine 1: Learn set choreography in the style of Fosse, performance</p>	