Grab & Go Options – Available every day

Sandwiches

All served with or without salad

Cheese & Cucumber (1,5)

Cheese & Red Onion (1,5)

Cheese & Pickle (1,5)

Egg & Tomato (1,3,10)

Honey Chilli Chicken (1)

Cheese (1,5)

Chicken Mayo (1,3,10)

Chicken Tikka (1,3,10)

Egg Mayonnaise (1,3,10)

Ham (1)

Salad (1)

Sweet Chilli Chicken (1)

Tuna Mayo (1,3,7,10)

Turkey (1)

Paninis

BBQ Chicken (1,5)

Cheese (1,5)

Cheese & Ham (1,5)

Cheese & Onion (1,5)

Cheese & Pepperoni (1,5)

Cheese & Tomato (1,5)

Cheese & Tuna (1,5,7)

Chicken Tikka (1,5)

Pasta Bar

Pasta served with Bolognaise Sauce (1,5,8) or Chilli Con Carne (1,5,8) or Tomato & Basil (1,5,8)

Cold Pasta Pots

Cheese (1,3,5)

Tuna (1,3,7)

Tuna & Sweetcorn (1,3,7)

Chicken Mayo (1,3)

Chicken Tikka (1,3)

Tomato (1,3)

Salads

A choice of Mixed Salad, Chicken Tikka (1,3), Grated Cheese (5), Tuna Mayo (3,7,10), Boiled Eggs (3), Coleslaw (3,10), Pickled Onions (14), Pickled Beetroot (2,4,13), Red Onion. Sweetcorn

Break time

Pizza Slice (1,5)

Bacon Roll (1)

Hash Browns

Toast (1)

Breakfast

Toast (1)

Jacket Potatoes

Served with a choice of toppings; Cheese (5), Tuna Mayonnaise (3,7,10), Baked Beans

For Allergens see numbers in brackets next to each dish and refer to Allergens below.

- 1 GLUTEN (2 NUTS (3 EGG (4 SESAME
- 5 MILK (\$) 6 SOY 7 FISH (\$) 8 CELERY
- () 9 CRUSTACEAN () 10 MUSTARD () 11 MOLLUSCS
- 12 LUPINS (8) 13 PEANUTS (1) 14 SULPHITE



